## 2.3 Teaching-Learning Process

2.3.1 Student centric methods, such as experiential learning, participative learning and problem solving methodologies are used for enhancing learning experiences using ICT Tools

**Supporting Document: NSS Report** 





## NSS Cell Maulana Abul Kalam Azad University of Technology, West Bengal



Report on NSS activities

## **NOTICE**

DATE 17/06/2023

THIS IS FOR THE INFORMATION OF ALL THAT NSS CELL OF RERF IS GOING TO ORGANISE INTERNATIONAL YOGA DAY ON 21/06/2023 AT 12:30 PM THROUGH ONLINE MODE.THE OBJECTIVE OF THIS PROGRAM IS TO STAY FIT AND HEALTHY.

THEREFORE, ALL STUDENTS, TEACHING AND NON-TEACHING STAFF MEMBERS OF RERFGOI ARE REQUESTED TO KINDLY PARTICIPATE IN THE 'INTERNATIONAL YOGA DAY PROGRAM ON 21/06/2023 AT 12:30 PM THROUGH ONLINE MODE.

SIGNATURE OF PROGRAM OFFICER

Principal
Principal
Principal
Regent Education & Research Telinipara
Regent Education & Research Telinipara
Regent Education & Rose Revolution Telinipara
Regent Education & Rose Revolution Telinipara
Regent Education & Rose Regent Telinipara

Campus: Regent Education & Research Foundation Group of Institutions

E-mail: rerfkolkata@gmail.com, Website: www.rerf.in

Campus Address:

Bara Kanthalia, Barrackpore P.O: Sewli Telinipara, P.S.: Titagarh

Kolkata - 700 121

Tel.: 033-3008-5442/432/431, Fax: 033-3008-5442

Regd. Office Address:

11/3, Biresh Guha Street 7<sup>th</sup> Floor, Kolkata - 700 017



Title of the Practice: **International Yoga Day** 

International Yoga Day is celebrated worldwide on 21st June every year to promote the importance of yoga in maintaining a healthy body and mind. Yoga is an ancient practice that originated in India and has gained global recognition for its numerous physical and mental benefits. The event aims to raise awareness about the transformative power of yoga and encourage people to incorporate it into their daily lives.

### **Objectives of the practice:**

The objectives of celebrating International Yoga Day are as follows:

- To spread awareness about the physical, mental, and spiritual benefits of practicing yoga.
- To encourage individuals to adopt a healthy lifestyle through the regular practice of yoga.
- To promote global peace, harmony, and unity through the practice of yoga.
- To emphasize the importance of maintaining overall well-being and inner peace.
- To highlight the contribution of yoga in achieving a balanced and sustainable development.

### The Context:

On 21st June 2023, International Yoga Day was celebrated online, bringing together 88 participants from various locations. The event aimed to provide a platform for individuals to engage in yoga practices and learn from esteemed yoga expert Tanumoy Das. Tanumoy Das is a highly accomplished yoga practitioner and has received prestigious awards like the Yoga Ratnamani Award and the Yoga Ratna Award. He has also achieved the title of All India Yoga Champion and serves as a yoga judge at the district and state levels. Tanumoy Das is associated with the Krishnagar Swami Vivekananda Yoga Centre and is affiliated with organizations such as the Nadia District Body Building & Yoga Culture Association, Sarbabharatiya Sangeet-o-Sanskriti Parishad, and the Indian Yoga Association. Tesearch Foundation

Bara Kannalia, P.O. Sewil Zelvibara The Practice:

The online celebration of International Yoga Day provided participants with the opportunity to engage in various yoga practices led by Tanumoy Das. The session included a combination of course postures) pranayama (breach): postures), pranayama (breathing exercises), and meditation techniques. Tanumoy Das shared his expertise, guiding participants through the practices and emphasizing the correct alignment, breathing techniques, and mindfulness. The session aimed to create a serene and inclusive environment where individuals could experience the holistic benefits of yoga and deepen their understanding of its principles.

#### **Evidence of Success:**

The success of the online International Yoga Day celebration can be measured through the active

Campus: Regent Education & Research Foundation Group of Institutions

E-mail: rerfkolkata@gmail.com, Website: www.rerf.in

Campus Address:

Bara Kanthalia, Barrackpore P.O: Sewli Telinipara, P.S.: Titagarh

Kolkata - 700 121

Tel.: 033-3008-5442/432/431, Fax: 033-3008-5442

Regd. Office Address:

11/3, Biresh Guha Street 7th Floor, Kolkata - 700 017



participation of 88 individuals from different locations. The positive feedback received from the participants reflects their satisfaction and the value they derived from the session. Participants expressed their gratitude for the opportunity to learn from Tanumoy Das and appreciated his expertise in guiding them through the yoga practices. The event successfully fulfilled its objective of promoting the benefits of yoga and inspiring individuals to incorporate it into their daily lives.

### Problems encountered and resources required:

Despite the online format, technical issues such as internet connectivity problems or audio/video disruptions could have been encountered during the event. However, proactive measures were taken to ensure smooth communication and minimize disruptions. Adequate resources such as a stable internet connection, audiovisual equipment, and a suitable platform for hosting the online session were required to facilitate the event's success.

### **Conclusion:**

The celebration of International Yoga Day on 21st June 2023 provided a platform for individuals to engage in yoga practices and learn from the expertise of Tanumoy Das, an acclaimed yoga practitioner. The online event witnessed active participation from 88 individuals, promoting the physical, mental, and spiritual benefits of yoga. The success of the event demonstrated the positive impact of yoga on overall well-being and highlighted the importance of incorporating it into our daily lives. International Yoga Day continues to inspire individuals worldwide to embrace the transformative power of yoga for a healthier and more balanced life.

Principal Principal Regent Education & Regent Education & Regent Telinipara Regent Rainhalla. P.O. Sewil 700121

Campus: Regent Education & Research Foundation Group of Institutions

E-mail: rerfkolkata@gmail.com, Website: www.rerf.in

Campus Address:

Bara Kanthalia, Barrackpore P.O: Sewli Telinipara, P.S.: Titagarh

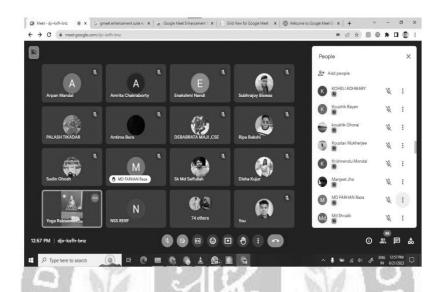
Kolkata - 700 121

Tel.: 033-3008-5442/432/431, Fax: 033-3008-5442

Regd. Office Address:

11/3, Biresh Guha Street 7<sup>th</sup> Floor, Kolkata - 700 017











Principal

Regent Education & Research Foundation

Bara Kanthalia, P.O.-Sewli Telinipara

Barrackpore, Kolkata-700121

Campus: Regent Education & Research Foundation Group of Institutions

E-mail: rerfkolkata@gmail.com, Website: www.rerf.in

Campus Address:

Bara Kanthalia, Barrackpore P.O: Sewli Telinipara, P.S.: Titagarh

Kolkata - 700 121

Tel.: 033-3008-5442/432/431, Fax: 033-3008-5442

Regd. Office Address:

11/3, Biresh Guha Street 7<sup>th</sup> Floor, Kolkata - 700 017





Campus: Regent Education & Research Foundation Group of Institutions

E-mail: rerfkolkata@gmail.com, Website: www.rerf.in

Campus Address:

Bara Kanthalia, Barrackpore P.O: Sewli Telinipara, P.S.: Titagarh

Kolkata - 700 121

Tel.: 033-3008-5442/432/431, Fax: 033-3008-5442

Regd. Office Address:

11/3, Biresh Guha Street 7<sup>th</sup> Floor, Kolkata - 700 017

Research Foundation

geni caucanon a nesearon roundara Bara Kanihalia, P.O. Sewli Telinipara a nammana, r.v. wewn rempe Barrackpore, Koikala, 700121





## NSS Cell Maulana Abul Kalam Azad University of Technology, West Bengal



## NOTICE

DATE 11/03/2023

THIS IS FOR THE INFORMATION OF ALL THAT NSS CELL OF RERF IS GOING TO ORGANISE TREE PLANTATION ON 22/03/2023.

THEREFORE, ALL STUDENTS, TEACHING AND NON-TEACHING STAFF MEMBERS OF RERFGOI ARE REQUESTED TO KINDLY PARTICIPATE IN THE TREE PLANTATION EVENT ON 22/03/2023.

TIMING OF THE EVENT: 11: 00 AM ONWARDS

SIGNATURE OF PROGRAM OFFICER

Principal
Princi

Campus: Regent Education & Research Foundation Group of Institutions

E-mail: rerfkolkata@gmail.com, Website: www.rerf.in

Campus Address:

Bara Kanthalia, Barrackpore P.O: Sewli Telinipara, P.S.: Titagarh

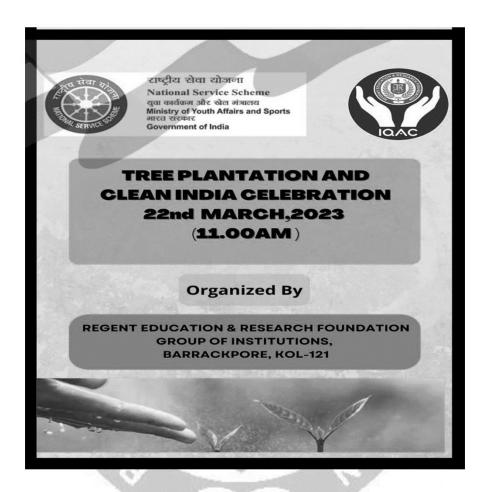
Kolkata - 700 121

Tel.: 033-3008-5442/432/431, Fax: 033-3008-5442

Regd. Office Address:

11/3, Biresh Guha Street 7<sup>th</sup> Floor, Kolkata - 700 017





Principal
Principal
Principal
Regent Education 5 Gesewit Telinipara
Regent Education 5 Gesewit 700121
Regent Education 6 Gesewit 700121

Campus: Regent Education & Research Foundation Group of Institutions

E-mail: rerfkolkata@gmail.com, Website: www.rerf.in

Campus Address:

Bara Kanthalia, Barrackpore P.O: Sewli Telinipara, P.S.: Titagarh

Kolkata - 700 121

Tel.: 033-3008-5442/432/431, Fax: 033-3008-5442

Regd. Office Address:

11/3, Biresh Guha Street 7<sup>th</sup> Floor, Kolkata - 700 017



Title of the Practice: **Tree Plantation Celebration** 

#### **Objectives of the practice:**

When you plant a tree, you don't just plant a sapling but hope. We have learned it the hard way that trees are extremely important for our survival. We first resorted to deforestation and made space for more buildings on earth. Later, when we saw the environment getting seriously affected, we were introduced to something called "afforestation", a simple process of planting more trees for a better future

#### The Context

Thus, we have our global Tree Plantation Day which is celebrated on 21st March all over the world. The aim behind observing the said day is to make people aware of the importance of planting trees and help them realize the same. A common practice during tree plantation day is to plant saplings in order to invest in the future

### The Practice:

"Cleanliness is next to Godliness." To contribute in swachh bharat abhiyan activity& undertake cleanliness drive. It is everybody's responsibility and one should keep themselves and their surroundings clean and hygienic. It also brings good and positive thoughts in the mind which slows down the occurrence of diseases. It is the mantra of Mahatma Gandhiji, Father of Nation. He demonstrated, propagated and insisted for individual and community cleanliness throughout his life. Following his footprints, Swachh bharat Mission campaign achieved encouraging results. This vision will be translated into action by bringing in community participation for clean toilets and integrated waste management to make our place open defecation free, zero waste, dust free, plastic free and green. This year, NSS Cell of RERFGOI in association with IQAC cell of RERF organized this event on 22nd March, 2023. Students have encouraged community people to join in Swachhta activity. They have participated in shramdan activity and shown their willingness and interest to keep surrounding clean.

### **Evidence of Success:**

O Sewil Telinipara The Swachh Bharat Abhiyan is the most significant cleanliness campaign by the Government of India. Its' responsibility of the entire citizens to keep their surrounding clean community people were encouraged to maintain their surrounding clean. Thus the students of our college have initiated one steps towardscleanliness". Around 50 students participated in this event. NSS Cell of RERFGOI in association with IQAC cell of RERF organized this event on 22nd March, 2023.. Students have encouraged community people to join in Swachhta Activity. They have participated in shramdan activity and shown their willingness and interest to keep surrounding clean.

Campus: Regent Education & Research Foundation Group of Institutions

E-mail: rerfkolkata@gmail.com, Website: www.rerf.in

Campus Address:

Bara Kanthalia, Barrackpore P.O: Sewli Telinipara, P.S.: Titagarh

Kolkata - 700 121

Tel.: 033-3008-5442/432/431, Fax: 033-3008-5442

Regd. Office Address:

11/3, Biresh Guha Street 7th Floor, Kolkata - 700 017



### Problems encountered and resources required:

- A major hurdle in the way is the scarcity of water. Public toilets in metropolitan cities have been reported to have no water supply at all.
- Non-availability of water in many parts of rural India makes people avoid a household or a public toilet and opt for open defecation instead.

#### **Problems encountered**:

- 1. Dust and dirt. Various kinds of trash. In places as huge as stadiums and airports, it's a must to have rubbish bins in every corner.
  - 2. Toilets.
  - 3. Thousands of seats.
  - 4. Floors.

### Resources required:

Swachh Bharat Abhiyan is a five year long cleanliness campaign launched by the Government of India on 2<sup>nd</sup> October 2014. The campaign was aimed for making the streets, roads and offices clean from filth and garbage. One of the main objectives of the drive is to make India Open Defecation Free (ODF). The campaign also targets raising public awareness about cleanliness through rigorous media campaigns and to institute door to door garbage collection in rural/urban household and ensuring its safe disposal

Make the most of the day by working on things that don't get done often, like cleaning the chairs in the auditorium or dusting the tops of lockers. If you like, you could ask for permission to plant some flowers around campus, like in a flower bed near the school's entrance.

Principal Principal Regent Education & Regent Education & Regent Telinipara Regent Education & PO.-Sewil 700121

Campus: Regent Education & Research Foundation Group of Institutions

E-mail: rerfkolkata@gmail.com, Website: www.rerf.in

Campus Address:

Bara Kanthalia, Barrackpore P.O: Sewli Telinipara, P.S.: Titagarh

Kolkata - 700 121

Tel.: 033-3008-5442/432/431, Fax: 033-3008-5442

Regd. Office Address:

11/3, Biresh Guha Street 7<sup>th</sup> Floor, Kolkata - 700 017







Principal
Princi

Campus: Regent Education & Research Foundation Group of Institutions

E-mail: rerfkolkata@gmail.com, Website: www.rerf.in

Campus Address:

Bara Kanthalia, Barrackpore P.O: Sewli Telinipara, P.S.: Titagarh

Kolkata - 700 121

Tel.: 033-3008-5442/432/431, Fax: 033-3008-5442

Regd. Office Address:

11/3, Biresh Guha Street 7th Floor, Kolkata - 700 017







## **CERTIFICATE OF PARTICIPATION**

## TREE PLANTATION AND CLEAN INDIA CELEBRATION

Organized By

**NATIONAL SERVICE SCHEME (NSS)** 

Regent Education & Research Foundation Group of Institution, Barrackpore, Kol-121 ON 22nd March, 2023

This is to certify that

PARTICIPATED IN TREE PLANTATION AND CLEAN INDIA CELEBRATION IN RERFGOI UNDER NSS CELL, RERF 22.03.2023

MR. PRABAL KUMAR BASAK

CONVENER, IIC, RERFGI

DR. RAJARSHI BANDYOPADHAYA

PRINCIPAL, RERFGI

Campus: Regent Education & Research Foundation Group of Institutions

E-mail: rerfkolkata@gmail.com, Website: www.rerf.in

Campus Address:

Bara Kanthalia, Barrackpore P.O: Sewli Telinipara, P.S.: Titagarh

Kolkata - 700 121

Tel.: 033-3008-5442/432/431, Fax: 033-3008-5442

Regd. Office Address:

Education & Research Tollingara \*Kaninalia" P.O. Sewil Telinipara \*Kaninalia" P.O. Sewil Tollinipara \*Kaninalia" P.O. Sewil Telinipara \*Kaninalia" P.O. Sewil Telinipara

> 11/3, Biresh Guha Street 7<sup>th</sup> Floor, Kolkata - 700 017





## **NSS Cell** Maulana Abul Kalam Azad University of Technology, West Bengal



## NOTICE

DATE 11/03/2023

THIS IS FOR THE INFORMATION OF ALL THAT NSS CELL OF RERF IS GOING TO ORGANISE CLEAN INDIA CAMPAIGN ON 22/03/2023 TO CELEBRATE AND CREATE AWARNESS ON CLEAN INDIA CAMPAIGN.

THEREFORE, ALL STUDENTS, TEACHING AND NON-TEACHING STAFF MEMBERS OF RERFGOI ARE REQUESTED TO KINDLY PARTICIPATE IN THE CLEAN INDIA CAMPAIGN EVENT ON 22/03/2023.

TIMING OF THE EVENT: 11: 00 AM ONWARDS

Google form link of participating student's :-

P.O. Sewil Telinipara

Baugarbose Koyaya 100131

https://docs.google.com/forms/d/1JbSBMMHrgevktYvZ3kwT7IFFxAsXmAfVtrWH4PFLvoI/edit

SIGNATURE OF PROGRAM OFFICER

Campus: Regent Education & Research Foundation Group of Institutions

E-mail: rerfkolkata@gmail.com, Website: www.rerf.in

Campus Address:

Bara Kanthalia, Barrackpore P.O: Sewli Telinipara, P.S.: Titagarh

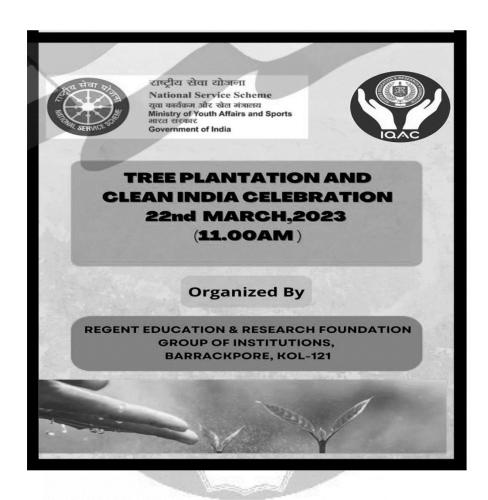
Kolkata - 700 121

Tel.: 033-3008-5442/432/431, Fax: 033-3008-5442

Regd. Office Address:

11/3, Biresh Guha Street 7<sup>th</sup> Floor, Kolkata - 700 017





Principal
Princi

Campus: Regent Education & Research Foundation Group of Institutions

E-mail: rerfkolkata@gmail.com, Website: www.rerf.in

Campus Address:

Bara Kanthalia, Barrackpore P.O: Sewli Telinipara, P.S.: Titagarh

Kolkata - 700 121

Tel.: 033-3008-5442/432/431, Fax: 033-3008-5442

Regd. Office Address:
11/3, Biresh Guha Street

7<sup>th</sup> Floor, Kolkata - 700 017 Tel.: 033-3221-3013



Title of the Practice: **CLEAN INDIA** 

## **Objectives of the practice:**

A clean India would be the best tribute India could pay to Mahatma Gandhi on his 150 birth anniversary in 2019," said Shri Narendra Modi as he launched the Swachh Bharat Mission at Rajpath in New Delhi. On 2nd October 2014, Swachh Bharat Mission was launched throughout length and breadth of the country as a national movement. The campaign aims to achieve the vision of a 'Clean India' by 2nd October 2019.

#### The Context

A clean India would be the best tribute India could pay to Mahatma Gandhi on his 150 birth anniversary in 2019," said Shri Narendra Modi as he launched the Swachh Bharat Mission at Raipath in New Delhi. On 2nd October 2014, Swachh Bharat Mission was launched throughout length and breadth of the country as a national movement. The campaign aims to achieve the vision of a 'Clean India' by 2nd October 2019. This year, NSS Cell of RERFGOI in association with IQAC cell of RERF organized this event on 22nd March, 2023. Around 50 students participated in this event.

### The Practice:

"Cleanliness is next to Godliness." To contribute in swachh bharat abhiyan activity& undertake cleanliness drive. It is everybody's responsibility and one should keep themselves and their surroundings clean and hygienic. It also brings good and positive thoughts in the mind which slows down the occurrence of diseases. It is the mantra of Mahatma Gandhiji, Father of Nation. He demonstrated, propagated and insisted for individual and community cleanliness throughout his life. Following his footprints, Swachh bharat Mission campaign achieved encouraging results. This vision will be translated into action by bringing in community participation for clean toilets and integrated waste management to make our place open defecation free, zero waste, dust free, plastic free and green. This year, NSS Cell of RERFGOI in association with IQAC cell of RERF organized this event on 22nd March, 2023.. Students have encouraged community people to join in Swachhta activity. They have participated in shramdan activity and shown their willingness and interest to keep surrounding clean. P.O. Sewli Telinipara

### **Evidence of Success:**

The Swachh Bharat Abhiyan is the most significant cleanliness campaign by the Government of India. Its' responsibility of the entire citizens to keep their surrounding clean community people were encouraged to maintain their surrounding clean. Thus the students of our college have initiated one steps towards-

Campus: Regent Education & Research Foundation Group of Institutions

E-mail: rerfkolkata@gmail.com, Website: www.rerf.in

Campus Address:

Bara Kanthalia, Barrackpore P.O: Sewli Telinipara, P.S.: Titagarh

Kolkata - 700 121

Tel.: 033-3008-5442/432/431, Fax: 033-3008-5442

Regd. Office Address:

11/3, Biresh Guha Street 7<sup>th</sup> Floor, Kolkata - 700 017



cleanliness". Around 50 students participated in this event. NSS Cell of RERFGOI in association with IQAC cell of RERF organized this event on 22nd March,2023. Students have encouraged community people to join in Swachhta Activity. They have participated in shramdan activity and shown their willingness and interest to keep surrounding clean.

### Problems encountered and resources required:

- A major hurdle in the way is the scarcity of water. Public toilets in metropolitan cities have been reported to have no water supply at all.
- Non-availability of water in many parts of rural India makes people avoid a household or a public toilet and opt for open defecation instead.

## Problems encountered:

- 1. Dust and dirt. Various kinds of trash. In places as huge as stadiums and airports, it's a must to have rubbish bins in every corner.
- 2 Toilets
- 3. Thousands of seats.
- 4. Floors.

#### Resources required:-

Swachh Bharat Abhiyan is a five year long cleanliness campaign launched by the Government of India on 2<sup>nd</sup> October 2014. The campaign was aimed for making the streets, roads and offices clean from filth and garbage. One of the main objectives of the drive is to make India Open Defection Free (ODF). The campaign also targets raising public awareness about cleanliness through rigorous media campaigns and to institute door to door garbage collection in rural/urban household and ensuring its safe disposal

Make the most of the day by working on things that don't get done often, like cleaning the chairs in the auditorium or dusting the tops of lockers. If you like, you could ask for permission to plant some flowers around campus, like in a flower bed near the school's entrance.

Campus: Regent Education & Research Foundation Group of Institutions

E-mail: rerfkolkata@gmail.com, Website: www.rerf.in

Campus Address:

Bara Kanthalia, Barrackpore P.O: Sewli Telinipara, P.S.: Titagarh

Kolkata - 700 121

Tel.: 033-3008-5442/432/431, Fax: 033-3008-5442

Regd. Office Address:

11/3, Biresh Guha Street 7<sup>th</sup> Floor, Kolkata - 700 017

Cancanal a Lesconti Lelvibara





Campus: Regent Education & Research Foundation Group of Institutions

E-mail: rerfkolkata@gmail.com, Website: www.rerf.in

Campus Address:

Bara Kanthalia, Barrackpore P.O: Sewli Telinipara, P.S.: Titagarh

Kolkata - 700 121

Tel.: 033-3008-5442/432/431, Fax: 033-3008-5442

Regd. Office Address:

11/3, Biresh Guha Street 7<sup>th</sup> Floor, Kolkata - 700 017







### **CERTIFICATE OF PARTICIPATION**

### TREE PLANTATION AND CLEAN INDIA CELEBRATION

Organized By

NATIONAL SERVICE SCHEME (NSS)

Regent Education & Research Foundation Group of Institution, Barrackpore, Kol-121

ON 22nd March, 2023

This is to certify that

PARTICIPATED IN TREE PLANTATION AND CLEAN INDIA CELEBRATION IN RERFGOI UNDER NSS CELL, RERF 22.03.2023

MR. PRABAL KUMAR BASAK

CONVENER, IIC, RERFGI

DR. RAJARSHI BANDYOPADHAYA

PRINCIPAL, RERFGI

Regent Education & Research Foundation
Regent Education & Research Telinipara
Regent Kanthalia, P.O. Sewil 700121

Campus: Regent Education & Research Foundation Group of Institutions

E-mail: rerfkolkata@gmail.com, Website: www.rerf.in

Campus Address:

Bara Kanthalia, Barrackpore P.O: Sewli Telinipara, P.S.: Titagarh

Kolkata - 700 121

Tel.: 033-3008-5442/432/431, Fax: 033-3008-5442

Regd. Office Address:

11/3, Biresh Guha Street 7<sup>th</sup> Floor, Kolkata - 700 017





## NSS Cell Maulana Abul Kalam Azad University of Technology, West Bengal



## NOTICE

DATE 15/02/2023

THIS IS FOR THE INFORMATION OF ALL THAT NSS CELL OF RERF IS GOING TO ORGANISE BLOOD DONATION CAMP ON 24/03/2023.

THEREFORE, ALL STUDENTS, TEACHING AND NON-TEACHING STAFF MEMBERS OF RERFGOI ARE REQUESTED TO KINDLY PARTICIPATE IN THE EVENT ON 24/03/2023.

TIMING OF THE EVENT: 10: 00 AM ONWARDS

SIGNATURE OF PROGRAM OFFICER

Principal
Princi

Campus: Regent Education & Research Foundation Group of Institutions

E-mail: rerfkolkata@gmail.com, Website: www.rerf.in

Campus Address:

Bara Kanthalia, Barrackpore P.O: Sewli Telinipara, P.S.: Titagarh

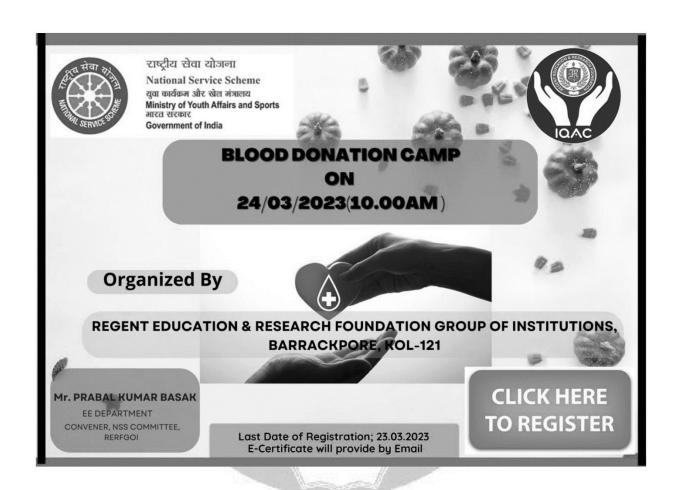
Kolkata - 700 121

Tel.: 033-3008-5442/432/431, Fax: 033-3008-5442

Regd. Office Address:

11/3, Biresh Guha Street 7<sup>th</sup> Floor, Kolkata - 700 017





Principal
Principal
Principal
Principal
Principal
Principal
Principal
Regent Education & P.O. Sewit Telinipala
Regent Kanthalia, P.O. Sewit 700121

Campus: Regent Education & Research Foundation Group of Institutions

E-mail: rerfkolkata@gmail.com, Website: www.rerf.in

Campus Address:

Bara Kanthalia, Barrackpore P.O: Sewli Telinipara, P.S.: Titagarh

Kolkata - 700 121

Tel.: 033-3008-5442/432/431, Fax: 033-3008-5442

Regd. Office Address:

11/3, Biresh Guha Street 7<sup>th</sup> Floor, Kolkata - 700 017



### Title of the Practice: Blood Donation Camp

It is rightly said that "To Donate Blood is to donate life". Donating blood is indeed the noblest donation a person can make. With rising population in India, blood banks are also facing scarcity. A Blood Donation Camp is such a place where both the interest of Blood bank and a donor can be catered Objectives of the practice: The main objective of organizing blood donation camp was to make students aware about blood donation. Blood donation is a great donation. Any student can save someone life by donating blood. Many patients die due to lack of blood, if we along with students make the society aware of blood donation, then patients will not die due to lack of blood.

#### The Context:

There is a saying that the most important donation of all donations is blood donation. By donating blood, we can become the support of many needy people, we can save their lives. On 23rd March,2023 Blood Donation Camp, was organized by RERF, NSS cell, in association with IQAC cell RERF. The camp took place in the courtyard of RERF. RERF had invited one doctor (Dr. A.K Das) and his team from B.N Bose Hospital, Barrckpore for this event. The event started around 10:30 a.m. in the morning. Apart from students, faculty and staff members also participated in this event. To watch over the entire process and to collect the blood, a team of one doctor and staffs were put in charge. The college had also arranged for a resting place for anyone who felt dizzy or sick after donating blood. Volunteers had come to help the organizer for the blood donation camp. A large number of students donated blood happily. The donors showed positive effects like a sense of satisfaction after the donation. It was an effort to motivate students to come forward and donate for this noble cause. And so many people will get life because of this camp.

#### The Practice:

Due to the enthusiasm of the students, many students donated blood in a few hours. Blood donation can save lives of innumerable persons. Donation of blood is very critical and crucial for saving lives of many patients and those who have met with accidents. It is as such a great service or contribution to the society and people living in it. On 23rd March,2023 Blood Donation Camp, was organized by RERF, NSS cell, in association with IQAC cell RERF. The camp took place in the courtyard of RERF. RERF had invited one doctor (Dr. A.K Das) and his team from B.N Bose Hospital, Barrckpore for this event. The event started around 10:30 a.m. in the morning. Apart from students, faculty and staff members also participated in this event. To watch over the entire process and to collect the blood, a team of one doctor and staffs were put in charge. The college had also arranged for a resting place for anyone who felt dizzy or sick after donating blood. Volunteers had come to help the organizer for the blood donation camp. A large number of students donated blood happily. The donors showed positive effects like a sense of satisfaction after the donation.

Campus: Regent Education & Research Foundation Group of Institutions

E-mail: rerfkolkata@gmail.com, Website: www.rerf.in

Campus Address:

Bara Kanthalia, Barrackpore P.O: Sewli Telinipara, P.S.: Titagarh

Kolkata - 700 121

Tel.: 033-3008-5442/432/431, Fax: 033-3008-5442

Regd. Office Address:

11/3, Biresh Guha Street 7<sup>th</sup> Floor, Kolkata - 700 017



### **Evidence of Success:**

After successfully donating blood, the donors were provided with certificate of appreciation as well as Donor Card, which is valid for 1 year from the date of donation. Volunteers had come to help the organizer for the blood donation camp. After the completion of the blood donation, the program officer of NSS Unit thanked and appreciated everyone present in the camp. The day ended with heartfelt vote of thanks from the program officer of NSS Cell of RERF.

### Problems encountered and resources required:

Problems encountered during blood donation due to component shortage, donor/ staff safety, consumable supply/ logistics etc. The side effects of donating blood include nausea and dizziness and fainting in some cases

Minimum Requirements for Blood Donation Camp:

- The premises should not be less than 20 X 30 feet.
- Adequate air and ventilation in the camp premises.
- The area should have been cleaned with disinfectant.
- Minimum of one plug point for the use of Blood Bank equipment.
- Drinking water facility.

Principal

Regent Education 5 Research Foundation

Regent Education 5 Research Telinipala

Regent Akanhalia, O. Sewil 700121

Campus: Regent Education & Research Foundation Group of Institutions

E-mail: rerfkolkata@gmail.com, Website: www.rerf.in

Campus Address:

Bara Kanthalia, Barrackpore P.O: Sewli Telinipara, P.S.: Titagarh

Kolkata - 700 121

Tel.: 033-3008-5442/432/431, Fax: 033-3008-5442

Regd. Office Address:

11/3, Biresh Guha Street 7<sup>th</sup> Floor, Kolkata - 700 017





gent Education & Research Foundation Bara Kanhalla, P.O. Sewit Telinipara Bara Kanhalla, P.O. Sawit Toot21

Campus: Regent Education & Research Foundation Group of Institutions

E-mail: rerfkolkata@gmail.com, Website: www.rerf.in

Campus Address:

Bara Kanthalia, Barrackpore P.O: Sewli Telinipara, P.S.: Titagarh

Kolkata - 700 121

Tel.: 033-3008-5442/432/431, Fax: 033-3008-5442

Regd. Office Address:

11/3, Biresh Guha Street 7<sup>th</sup> Floor, Kolkata - 700 017







### **CERTIFICATE OF PARTICIPATION**

## **BLOOD DONATION CAMP**

Organized By

NATIONAL SERVICE SCHEME (NSS)

Regent Education & Research Foundation Group of Institution, Barrackpore, Kol-121 ON 24th March, 2023

This is to certify that

PARTICIPATED IN BLOOD DONATION CAMP IN RERFGOI UNDER NSS CELL, RERF 24.03.2023

MR. PRABAL KUMAR BASAK

CONVENER, IIC, RERFGI

DR. RAJARSHI BANDYOPADHAYA

PRINCIPAL, RERFGI

Campus: Regent Education & Research Foundation Group of Institutions

E-mail: rerfkolkata@gmail.com, Website: www.rerf.in

Campus Address:

Bara Kanthalia, Barrackpore P.O: Sewli Telinipara, P.S.: Titagarh

Kolkata - 700 121

Tel.: 033-3008-5442/432/431, Fax: 033-3008-5442

Regd. Office Address:

11/3, Biresh Guha Street 7<sup>th</sup> Floor, Kolkata - 700 017







राष्ट्रीय सेवा योजना National Service Scheme युवा कार्यक्रम और खेल मंत्रालय Ministry of Youth Affairs and Sports भारत सरकार

MAHOTSAV)

Government of India

# QUIZ ON YOUTH WEEK (AZADI KA AMRIT MAHOTSAV) ON 19TH JAN 2023 (3.00PM)

CELEBRATION OF YOUTH WEEK 2023 THROUGH ONLINE QUIZ

**Organized By** 

REGENT EDUCATION & RESEARCH FOUNDATION GROUP OF INSTITUTIONS,
BARRACKPORE, KOL-121

Mr. PRABAL KUMAR BASAK
EE DEPARTMENT
CONVENER, NSS COMMITTEE,
REREGOI

Last Date of Registration; 18.01.2023 E-Certificate will provide by Email CLICK HERE TO REGISTER

Campus: Regent Education & Research Foundation Group of Institutions

E-mail: rerfkolkata@gmail.com, Website: www.rerf.in

Campus Address:

Bara Kanthalia, Barrackpore P.O: Sewli Telinipara, P.S.: Titagarh

Kolkata - 700 121

Tel.: 033-3008-5442/432/431, Fax: 033-3008-5442

Regd. Office Address:

11/3, Biresh Guha Street 7<sup>th</sup> Floor, Kolkata - 700 017



Title of the Practice: Online Quiz on Youth Week (Azadi ka Amrit Mahotsav)

The Online Quiz on Youth Week (Azadi ka Amrit Mahotsav) was organized on 19th January 2023 by Regent Education & Research Foundation Group of Institutions, Barrackpore, Kolkata-121. The event aimed to commemorate the glorious 75 years of India's independence and observe the Youth Week as per the NSS Manual (2006). The online quiz provided a platform for participants to showcase their knowledge about India's freedom struggle, national heritage, and the contributions of notable personalities.

## Objectives of the practice:

The objectives of conducting the Online Quiz on Youth Week were as follows:

- To celebrate and commemorate the 75th anniversary of India's independence, known as Azadi ka Amrit Mahotsav.
- To engage and involve the youth in activities that promote awareness and understanding of India's freedom struggle.
- To encourage participants to enhance their knowledge about India's history, culture, and national heroes.
- To provide a platform for participants to showcase their knowledge and compete in a healthy and competitive environment.
- To foster a sense of national pride and patriotism among the participants.

### The Context

The Online Quiz on Youth Week was organized in response to the nationwide celebration of Azadi ka Amrit Mahotsav, marking the 75th anniversary of India's independence. As per the NSS Manual (2006), the Youth Week was observed from 12th to 19th January 2023. The Regent Education & Research Foundation Group of Institutions, Barrackpore, Kolkata-121, took the initiative to organize the quiz competition as part of the week-long celebrations. The event aimed to engage the youth and promote their knowledge about India's rich cultural heritage, freedom fighters, and the life of Swami Vivekananda.

Campus: Regent Education & Research Foundation Group of Institutions

E-mail: rerfkolkata@gmail.com, Website: www.rerf.in

Campus Address:

Bara Kanthalia, Barrackpore P.O: Sewli Telinipara, P.S.: Titagarh

Kolkata - 700 121

Tel.: 033-3008-5442/432/431, Fax: 033-3008-5442

Regd. Office Address:

11/3, Biresh Guha Street 7<sup>th</sup> Floor, Kolkata - 700 017

principal



## The Practice:

The Online Quiz on Youth Week witnessed the participation of 90 individuals from various locations. The quiz competition was conducted in an online format, utilizing a suitable platform for hosting the event. The quiz questions were designed to test participants' knowledge about India's freedom struggle, historical events, national heroes, and significant achievements. The participants were given a specific time frame to answer the questions, and the scores were calculated based on accuracy and speed. The quiz was conducted in a fair and transparent manner, ensuring equal opportunities for all participants.

## **Evidence of Success:**

The success of the Online Quiz on Youth Week can be measured by the active participation of 90 individuals from different locations. The quiz competition provided an opportunity for participants to showcase their knowledge and compete with their peers. The event received positive feedback, with participants expressing their satisfaction with the quiz format and the quality of questions. The success of the quiz competition demonstrated the enthusiasm and interest of the youth in learning about India's history and heritage.

### Problems encountered and resources required:

During the organization of the online quiz, technical issues such as internet connectivity problems or audio/video disruptions may have been encountered. However, proactive measures were taken to minimize such disruptions, ensuring a smooth and uninterrupted quiz experience. Adequate resources, including a stable internet connection, a suitable online platform for hosting the quiz, and a robust system for recording and evaluating participants' responses, were required to facilitate the success of the event.

### **Conclusion:**

The Online Quiz on Youth Week (Azadi ka Amrit Mahotsav) organized by Regent Education & Research Foundation Group of Institutions, Barrackpore, Kolkata-121, provided a platform for participants to showcase their knowledge about India's freedom struggle and cultural heritage. The event successfully engaged the youth in activities that

Campus: Regent Education & Research Foundation Group of Institutions

E-mail: rerfkolkata@gmail.com, Website: www.rerf.in

Campus Address:

Bara Kanthalia, Barrackpore P.O: Sewli Telinipara, P.S.: Titagarh

Kolkata - 700 121

Tel.: 033-3008-5442/432/431, Fax: 033-3008-5442

Regd. Office Address:

11/3, Biresh Guha Street 7<sup>th</sup> Floor, Kolkata - 700 017

Principal



promoted a deeper understanding and appreciation of India's history.



Campus: Regent Education & Research Foundation Group of Institutions

E-mail: rerfkolkata@gmail.com, Website: www.rerf.in

Campus Address:

Bara Kanthalia, Barrackpore P.O: Sewli Telinipara, P.S.: Titagarh

Kolkata - 700 121 Tel.: 033-3008-5442/432/431, Fax: 033-3008-5442

Regd. Office Address:

11/3, Biresh Guha Street 7<sup>th</sup> Floor, Kolkata - 700 017 Tel.: 033-3221-3013